



THE ENDEAVOR HOUSE

A MWV SUPPORTS RECOVERY INITIATIVE

# POLICIES AND PROCEDURES MANUAL

1620 E Main St Center Conway NH 03813

603-662-0668

[www.mwvsupportsrecovery.org](http://www.mwvsupportsrecovery.org)



## CONTENTS PAGE

1. MISSION STATEMENT
2. ORGANIZATIONAL STRUCTURE
3. CODE OF ETHICS
4. RESIDENT RIGHTS AND RESPONSIBILITIES
5. CONFIDENTIALITY AND RESIDENT RECORDS
6. RESIDENT CONFIDENTIALITY AGREEMENT
7. AUTHORIZATION FOR RELEASE OF INFORMATION
8. GRIEVANCE PROCEDURE
9. GRIEVANCE SLIP
10. ADMISSION CRITERIA AND INTAKE PROCEDURE
11. ENDEAVOR HOUSE RESIDENT APPLICATION FORM
12. DOCUMENTATION OF RESIDENCE
13. ENDEAVOR HOUSE MEETING MINUTES
14. 12 STEP MEETING ATTENDANCE OR OTHER RECOVERY SUPPORT
15. ATTENDANCE
16. SERVICE DOG POLICY
17. RESIDENT RULES
18. RESIDENTS ON PROBATION OR PAROLE
19. RESIDENTS WITH A FELONY/CRIME AGAINST NATURE CHARGE
20. DISCIPLINARY ACTION PROCEDURE
21. DRESS CODE POLICY
22. EMERGENCY PROTOCOLS
23. FIRE DRILL PROCEDURE
24. INTERVENTION FOR THE AGITATED
25. INCIDENT REPORT FORM
26. INTERVENTION FOR THE INTOXICATED/IMPAIRED
27. MEDICAL CARE
28. MEDICATIONS
29. RANDOM URINE DRUG SCREENS
30. DRUG SCREENING LOG

31. SEARCH/SEIZE PROCEDURE
32. SUICIDE ASSESSMENT AND PRECAUTIONS
33. SMOKING POLICY
34. TYPES OF DISCHARGE/CRITERIA
35. READMISSION CRITERIA
36. RESIDENT FINANCES
37. RESIDENT FINANCIAL AGREEMENT
38. REFUND POLICY
39. RESIDENT TRANSPORTATION
40. NON-DISCRIMINATION DISCLOSURE
41. CHART DATA COLLECTION FORM
42. RESIDENT'S RECOVERY RESIDENCE EVALUATION
43. DISCHARGE STUDY
44. ACKNOWLEDGEMENT OF RESIDENT MANUAL

## MISSION STATEMENT

The mission of Endeavor House is to provide an environment of safety, support, encouragement, and friendship. We give women an opportunity to experience a feeling of belonging and a feeling of home while living with and recovering from substance use disorder.

### GUIDING PRINCIPLES

The Endeavor House's guiding principle is to Endeavor: To try hard to achieve, to seek, to try, to attempt and to venture into a life of recovery.

### VALUES

The values of MWW Supports Recovery are focused on trust, resilience, friendship, and family.

### CORE COMPETENCIES

The Endeavor House core competencies include: Commitment to recovery and safety of our clients, emphasis on communication and influence and responsiveness to our client's needs.

At the Endeavor House, communication and responsiveness is prioritized and influence and mentorship is provided appropriately to aid in the client's recovery with the help of house managers, life skills counselors, and peer mentorship.

### Vision Statement:

*Recovery is possible. Stigma can be erased through education. MWW Supports Recovery will "Echo" the sounds of recovery throughout the valley and region.*

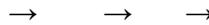
# MWV SUPPORTS RECOVERY COALITION CORPORATE FLOW CHART



**MWV BOARD OF DIRECTORS**  
Janice Spinney President



**DIRECTOR OF PROGRAMS** Rose Normandin



Peer Support Center/RCO

Rental Properties

Endeavor House



MWV employees  
Patricia Varney,  
Peer employees  
Jessica Sanduval  
Alice Lacroix  
/volunteers

Activities Coordinator  
Arianna Normandin  
House Manager (vacant)



Lead Resident Residents

## **CODE OF ETHICS**

The interactions of MWVSRC, the house manager, and volunteers, with the residents will be governed by ethical standards. Residents in a Recovery residence environment have the right to expect ethical behavior from MWVSRC staff, the house manager, and volunteers. Following ethical guidelines will protect the residents and the Endeavor House staff from inappropriate relationships and interactions.

The Endeavor House strives to maintain a respectful environment built on honesty and trust. Focusing on our resident's individual growth to include those core principles is important to us.

Endeavor House members will:

- Conduct our business honestly and ethically.
- Treat all persons with dignity and respect.
- Safeguard a person's privacy and confidentiality per local, state, and federal requirements.
- Not threaten or commit an act of physical or emotional abuse.
- Not become romantically or physically involved with persons currently served (or served in the recent past)
- Not engage in harassment
- Not discriminate due to race, religion, age, sexual orientation, disability, national ancestry, or economic condition (does have latitude to outline specialty population served)
- Strive for continued personal growth and self improvement through education, training, and consultations.

The Endeavor House has the following procedure set in place:

1. All male contact with Endeavor House residents will be monitored at all times by a female, whether it be MWVSRC staff, the house manager, or a volunteer.

2. Anyone who observes or has substantial reason to believe that MWVSRC staff, the house manager, or volunteers have engaged in unethical behavior in violation of this policy must report that behavior in confidence to their foreperson. Likewise, if MWVSRC staff or a volunteer is to believe a resident has behaved with him/her in such a way as to provoke or invite unethical behavior, they must report that interaction to the Director of Programs.
3. If a resident fails to comply at any time, this breach will constitute grounds for disciplinary action, including probable discharge. MWVSRC staff, the house manager, and volunteers will also be oriented to this policy and indicate understanding and agreement to comply.

## **RESIDENT RIGHTS AND RESPONSIBILITIES**

This is set in place to safeguard the residents of the Endeavor House and to ensure the best experience possible.

Residents will be informed of their rights and responsibilities upon admission into the program and given a copy of the (Program Description) and (House Rules-the Resident Responsibilities)

The Endeavor House Resident Rights are as follows:

- 1) To be treated with dignity and respect
- 2) To participate actively in your recovery
- 3) To be given information regarding informed consent prior to the start of your stay.
- 4) Be seen by a private physician with the understanding that all costs will be the responsibility of the resident.
- 5) Have all information pertaining to stay held in confidence.
- 6) Receive information regarding costs.
- 7) Be fully informed at the time of admission of the rights and responsibilities set forth herein and of all the rules and guidelines governing resident conduct.
- 8) Initiate a complaint or grievance procedure and understand that you may begin the process by filling out a grievance slip or contacting MWVSRC staff or volunteers.
- 9) Request referral resources in the event of your dismissal from the Endeavor House.
- 10) Not to be required to perform services for the Endeavor House.

## **CONFIDENTIALITY AND RESIDENT RECORDS**

This policy is set in place to protect the right to privacy for all Endeavor House residents. The right to confidentiality, whether it be verbal or written information, shall be protected and in compliance with state and federal laws.

The following procedure will take place:

- 1) MWVSRRC staff, the house manager, volunteers, and residents of Endeavor House, will adhere to the confidentiality laws and procedures as set forth in Federal law 42 CFR Part 2 Confidentiality of Alcohol and Drug Abuse Patient Records.
- 2) Residents will be informed upon admission of their rights to confidentiality and be given the opportunity to sign consent forms for the release of information. Residents may choose whether or not to sign and may revoke a release at any time (See attached form).
- 3) Upon admission, the Endeavor House will provide for the residents to sign a “Resident Confidentiality Agreement” (See attached). MWVSRRC staff will explain that this agreement is for the purpose of ensuring confidentiality among the residents and building trust.
- 4) Resident files, both current and past, will be kept in a locked filing cabinet in one of the recovery residences’ offices, which will have the capability for the door to the office to be locked. These files will be under the direct maintenance and supervision of the Director of Programs. The files will be utilized and viewed only by Endeavor House members unless:
  - The resident whose name appears on the file requests to view their file.
  - The resident has signed a release of information form for the specific person that has requested to view the file, or any parts thereof, on which a statement forbidding further disclosure will be stamped on each page released.
  - A court order is furnished requesting the file.
  - A situation in which the resident’s life is in danger and the file or the portion thereof would aid in the referral of treatment of the resident.
- 5) Residents are responsible for maintaining the privacy of other residents. Residents will not release or share identifying information about housemates in conversation, in writing, or on social media platforms without expressed permission.
- 6) No identifiable images of or information about a resident will be shared by the home on social media platforms without a written release by the resident.

**RESIDENT CONFIDENTIALITY AGREEMENT**

The confidentiality of recovering persons is protected under Federal Law 42 CFR, which protects them from anyone outside of the residence having knowledge of their participation in the recovery residence without the resident’s specific permission. No information regarding a resident of Endeavor House may be released to anyone outside the program unless:

- 1. The resident has signed a consent form to that person/agency.
- 2. The court order is issued to Endeavor House.
- 3. Medical personnel require the information in a medical emergency.
- 4. The resident threatens to harm him/herself or someone else.

Federal law does not protect a resident if they commit a crime against anyone at Endeavor House. Also, Federal law does not restrict sharing of information regarding reported child abuse/neglect to appropriate state and local authorities.

These laws apply not only to MWVSRC staff, members, and volunteers of the Endeavor House, but also the residents as well.

\*\*\*\*\*

I agree to not reveal to anyone outside the Endeavor House, the name, identity, or description of another resident. I also agree to not discuss the content of conversations or groups with anyone outside of Endeavor House. This includes sharing at 12 step meetings.

I agree to inform the MWVSRC staff if any of my peers reveal any information about themselves or another resident that may be a cause for concern.

\_\_\_\_\_ I give MWV Supports Recovery permission to use my identifiable image on social media platforms or in marketing materials.

\_\_\_\_\_ I do not give MWV Supports Recovery permission to use my identifiable image on social media platforms or in marketing materials.

Resident Name (Printed) \_\_\_\_\_

Resident Signature \_\_\_\_\_

Director of Programs \_\_\_\_\_

Date \_\_\_\_\_

**AUTHORIZATION TO RELEASE INFORMATION**

Name of Resident: \_\_\_\_\_

I hereby request and authorize:

**Endeavor House 1620 E. Main St. Center Conway NH 03813 Phone: 603-662-0668**

To disclose to or obtain from:

\_\_\_\_\_  
\_\_\_\_\_

The following types of information from my records (and any specific portion thereof):

- Medical history/Physicals
- Alcohol and drug abuse treatment record
- Laboratory reports
- Psychological evaluations
- Other \_\_\_\_\_ For the purpose  
of \_\_\_\_\_

All information I hereby authorize to be obtained from the agency will be held strictly confidential and cannot be released by the recipient without my written consent. I understand that this authorization will remain in effect for:

- Ninety (90) days unless otherwise an earlier time period of \_\_\_\_\_
- One (1) year
- The period necessary to complete all transactions on account related to services provided to me

I understand that unless otherwise limited by state or Federal regulation, and except to the extent that action has been taken which was based on my consent, I may withdraw this consent at any time.

Signature of Resident: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of witness: \_\_\_\_\_ Date: \_\_\_\_\_

Director of Programs: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*\*\*\*

To be used only if Resident withdraws consent:

Resident signature: \_\_\_\_\_ Date: \_\_\_\_\_

The information which is being disclosed is from records whose confidentiality is protected by federal law. Federal Regulations (42-CFR Part 2) prohibit disclosures without the specific consent of the person to whom it contains. A general authorization is NOT sufficient for such release. The Federal rules restrict any use of this information from a criminal investigation or to prosecute any alcohol or drug abuse patients.

## **COMPLAINTS/GRIEVANCES:**

MWVSRC is committed to meeting the needs and expectations of our residents. We will work with each resident to try and resolve any conflict and try to provide a satisfactory outcome for all parties involved whenever possible. The Endeavor House strives to ensure that grievances are handled respectfully, appropriately, and professionally. If at any time a resident of the Endeavor House has a complaint, problem, or concern during their stay, please follow the procedure outlined herein:

1. A *Grievance slip* form follows this page. If additional forms are needed, please ask the Director of Programs. The form is to be completed, signed, and placed in a sealed envelope, and given to the Director of Programs. The director will make a copy of it and place it in the resident's file. The original will be returned to the resident after being signed by the Director of Programs acknowledging receipt of grievance.
2. If a verbal complaint is being made to the Director or an employee, then they will assist the resident with filling out the grievance slip. It will then be signed by the resident and the director/employee. If the complaint was received by an employee, then the employee will notify the Director of programs. A copy is to be made and placed in the resident's file and the original will be given to the resident.
3. In either instance, the Director of programs will meet with the resident to discuss the complaint/grievance within an acceptable period of time. The nature of the grievance, the impact, and possible resolution (s) for the grievance will be discussed. At that time, an additional signature will be required at the bottom of the grievance form acknowledging that the meeting took place between the Director of programs and the resident.

The Endeavor House ensures that all grievances will be followed through with investigation, validation, and recommendation.

WE ENCOURAGE RESIDENTS TO FIRST SEEK RESOLUTION OF ANY DISPUTES WITHIN THE HOME – either with a house manager, senior resident or with the home operator.

1) IF YOUR DISPUTE IS WITH ANOTHER RESIDENT: Make a written complaint to the house manager, senior resident, head of household, or equivalent responsible person.

2) IF YOUR DISPUTE IS WITH A MANAGER OR SENIOR RESIDENT/HEAD OF HOUSEHOLD: Make a written complaint to the home's operator or management representative.

3) IF YOUR DISPUTE IS WITH THE OPERATOR OF THE HOME, OR IF YOU FEEL YOUR PRIOR COMPLAINT HAS BEEN IGNORED AT THE RESIDENCE LEVEL, YOU MAY FILE A COMPLAINT WITH:

NH CORR; go to [www.nhcorr.org](http://www.nhcorr.org) for the complaint procedure.

New Hampshire Department of Health and Human Services if the home is listed on the New Hampshire Recovery Housing Registry; go to <http://nhrecoveryhub.org/images/NH-Recovery-Housing-Complaint-Form.pdf>

**THE ENDEAVOR HOUSE GRIEVANCE SLIP**

**RESIDENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**VERBAL DATE FILED:** \_\_\_\_\_ **WRITTEN DATE FILED:** \_\_\_\_\_

**COMPLAINT/GRIEVANCE RECEIVED BY:** \_\_\_\_\_

-----  
**RESIDENT COMPLETES THIS SECTION:**

**COMPLAINT/GRIEVANCE:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

-----  
**RESOLUTION:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

-----  
I have reviewed the complaint/grievance with the complainant and it has been filled out with all pertinent information, which has been agreed upon with the complainant.

Signature of person making grievance/date: \_\_\_\_\_

Signature of person witness to verbal grievance/date: \_\_\_\_\_

Signature of Director acknowledging receipt of : \_\_\_\_\_

**ACKNOWLEDGEMENT OF MEETING TO DISCUSS:**

Signature of person making grievance/date: \_\_\_\_\_

Signature of Director of Programs/date: \_\_\_\_\_

## **ADMISSION CRITERIA AND INTAKE PROCEDURE**

It is necessary to provide prompt and consistent care for residents entering the Endeavor House. Certain steps need to be taken to ensure the resident is an appropriate fit. Upon first contact with the potential member, whether by phone or in person, the Director of Programs will screen the potential resident to determine whether or not they are an appropriate fit for the Endeavor House by applying the following admission and exclusion criteria:

**Admission Criteria;** The potential resident must:

- A) Be admitted voluntarily
- B) Be 18 years of age or older
- C) Be at least 28 days from the last use of alcohol and/or drugs
- D) Accept a minimum commitment of 30 days of residency
- E) Be medically stable. Any individual with ongoing medical problems, including dual diagnosis, may be accepted if they are addressing these problems with outside professional help, including medication management
- F) Have adequate control over their behavior and assessed not to be imminently dangerous to oneself or others
- G) Express a desire to recover from addiction to drugs or alcohol
- H) Be assessed as medically appropriate and free of any illness that requires isolation from others.
- I) Have the capacity for active participation in all phases of the program
- J) Be ambulatory and meet personal needs without assistance
- K) Have adequate resources to pay for the program

**Exclusion Criteria;** The potential resident cannot:

- A) Have clinical manifestations that meet criteria for a more intense level of care (e.g. Acutely psychotic or a danger to self or others)
- B) Have severe permanent deficits in recent memory, attention, concentration, who cannot attend effectively to activities of daily living and whose cognitive impairment prevents them from understanding and participating in the program.

- C) Have ongoing medical issues, which require a more intensive level of monitoring and care than can be provided by the Endeavor House.

If the potential resident is assessed as appropriate for the Endeavor House program then the Director of Programs completes the initial screening, and if appropriate, the potential resident is invited to interview in the residence with potential roommates and the Endeavor House members.

### **Initial Screening:**

- A) MWVSRC obtains assessment information from the resident and will verify the identity of the resident through identification.
- B) MWVSRC will have the resident complete and sign the Resident Information Form (See application attached)
- C) MWVSRC will review the Confidentiality policy and obtain the resident;s signature of the Confidentiality agreement and Release of Information forms.
- D) MWVSRC will also review the resident’s rights and responsibilities, the rules, groups, emergencies, and all other general information found within the program description and obtain all signatures requested.
- E) MWVSRC will provide the resident with a copy of the Resident Handbook and at this time will search the resident’s belongings for any hazardous items.
- F) MWVSRC will administer a urine drug screen.
- G) If the resident has had recent physical and lab work (including TB testing) and has not brought the results, then MWVSRC will obtain a release from the resident for medical information from the referral source.

The resident will be informed of the fees for the recovery residence.

The resident will then be escorted to their residence and assigned a room.

\*If the potential resident is determined as inappropriate then suitable referrals will be provided.

**\*Readmission Criteria: Same as Initial Admission.**

# ENDEAVOR HOUSE RESIDENT APPLICATION

## APPLICANT INFORMATION

Today's Date: \_\_\_\_\_

Desired date to move in to the Endeavor House: \_\_\_\_\_

Name: \_\_\_\_\_

DOB: \_\_\_\_\_ SSN: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Current physical address: \_\_\_\_\_

Current mailing address: \_\_\_\_\_

Do you own or rent: \_\_\_\_\_ Monthly payment: \_\_\_\_\_

How long: \_\_\_\_\_ What is your monthly gross income: \_\_\_\_\_

Are you receiving welfare or other non-job related income: \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

Marital status: Married  Separated  Divorced  Widowed  Partnership

Level of education completed: H.S.  College  Grad school

Other: \_\_\_\_\_

Are you a Veteran: \_\_\_\_\_

Are you pregnant: \_\_\_\_\_

Do you have a valid driver's license: \_\_\_\_\_

Do you have a car: \_\_\_\_\_ Is it registered and insured: \_\_\_\_\_

Current Treatment Center: \_\_\_\_\_

Expected discharge date: \_\_\_\_\_

Who referred you to us: \_\_\_\_\_

## RECOVERY AND SUBSTANCE USE

Do you think you have a problem with alcohol: \_\_\_\_\_ If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

Do you think you have a problem with drugs: \_\_\_\_\_ If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

Primary addiction: \_\_\_\_\_ Date of last use: \_\_\_\_\_

List drugs/alcohol you used addictively:

1st \_\_\_\_\_ Route: \_\_\_\_\_

Date of last use: \_\_\_\_\_ Age of 1st use: \_\_\_\_\_

2nd: \_\_\_\_\_ Route: \_\_\_\_\_

Date of last use: \_\_\_\_\_ Age of 1st use: \_\_\_\_\_

3rd: \_\_\_\_\_ Route: \_\_\_\_\_

Date of last use: \_\_\_\_\_ Age of 1st use: \_\_\_\_\_

<b>EMERGENCY CONTACT</b>
--------------------------

Name of person not residing with you: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name of person not residing with you: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

<b>OTHER INFORMATION</b>
--------------------------

Please list hobbies and special interests:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What would you say your best characteristics are:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a medical Doctor: Yes  No

If yes, Name: \_\_\_\_\_ Phone: \_\_\_\_\_

<b>EMPLOYMENT</b>
-------------------

Current employer: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Position: \_\_\_\_\_

Current work schedule: (Show hours)

Sunday: \_\_\_\_\_

Monday: \_\_\_\_\_

Tuesday: \_\_\_\_\_

Wednesday: \_\_\_\_\_

Thursday: \_\_\_\_\_

Friday: \_\_\_\_\_

Saturday: \_\_\_\_\_

List your last 3 employers:

Company Name:

Supervisor:

Contact Info:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If unemployed what are your plans for getting a job:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list your vocational skills/specialized training or certifications:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



---

---

---

---

---

---

---

---

When did you attend your last AA or NA meeting: \_\_\_\_\_

How many meetings have you attended in the last 30 days: \_\_\_\_\_

Do you already have a sponsor or a Recovery Coach: Yes  No  If yes :

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you have any other recognized addictions or disorders (i.e. Eating disorder, cutting):

Yes  or No  If yes, Please explain:

---

---

---

---

How long have you been clean/Sober:

What is the longest you have gone substance free: \_\_\_\_\_

How many previous recovery attempts/relapses have you had:

---

---

---

---

Are you on any maintenance programs, and if so, which:

---

---

---

---

Are you interested in being on a maintenance program:

Have you ever lived in a home shared by other people: Yes  No

Do you anticipate any problems with this: Yes  No  If yes, Please explain:

---

---

What is your main goal at this time:

---

---

Please list anything else you feel is relevant to this application:

---

---

---

I certify that the above information is correct to the best of my knowledge and I authorize the verification of the information provided on this form:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **DOCUMENTATION OF RESIDENCE**

1) Each resident's stay at the Endeavor House, from admission to discharge, will be documented in their individual file and will reflect the status of their stay.

All documentation should:

- Be written in ink, contain the resident's name, and contain date of entry.
- Have the signatures of the Director of Programs and Resident.
- Have a clear representation of the type of signed document.
- Monthly House meeting: Notes will be written in narrative style and describe the proceedings. Attendance will be taken as well.
- Other documentation: This includes medical or legal documents and correspondence showing the resident's payroll/probation officer and urine drug screens.

2) Delayed entries should be avoided, but when necessary they are to be dated for the day entered into the chart and refer to the date when the meeting or incident occurred.

3) Corrections in documentation are made by crossing through the mistake with a single line, initialing at the mistake and then writing the correction next to it.

**ENDEAVOR HOUSE MEETING MINUTES**

Date: \_\_\_\_\_

Location: \_\_\_\_\_

Meeting facilitator: \_\_\_\_\_

Note taker: \_\_\_\_\_

Present: \_\_\_\_\_

\_\_\_\_\_

Absent: \_\_\_\_\_

\_\_\_\_\_

Review previous minutes (if applicable)

\_\_\_\_\_

Announcements:(Includes agenda)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Discussion: (Summarize existing issues, state outcome, and assign action plan)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**12 STEP MEETING ATTENDANCE OR OTHER RECOVERY SUPPORT MEETINGS**

Residents Name: \_\_\_\_\_ Date: \_\_\_\_\_

WEEK OF: RECORD DATE BELOW	MEETINGS/PEER SUPPORT/SELF HELP	TOTAL # OF MEETINGS	REVIEWED BY/DATE
WEEK 1			
WEEK 2			
WEEK 3			
WEEK 4			
WEEK 5			

Number of meetings this month: \_\_\_\_\_ Verified by: \_\_\_\_\_

Comments:

---

---

---

---

---

---

---

## **ATTENDANCE**

It is highly recommended that all residents of Endeavor House attend the monthly house meeting and other groups that are outlined in the intake packet. This is beneficial for the success of the resident's program and helps provide peer support. Repeated absences and tardiness interrupts this process and will reflect in the documentation of the resident's file.

During this process:

- 1) Residents are provided with the rules that outline their responsibility regarding attendance.
- 2) During the monthly meeting, or any other acceptable time that makes MWVSRRC aware, Residents must inform the Director of Programs and community of possible absences/tardiness due to scheduled appointments, such as medical, before the scheduled appointment occurs. Also, if residents are going to be absent, tardy from their set schedule, they must inform the Director of Programs of their whereabouts; where they will be, when they are returning, and when they returned.
- 3) Residents who have consistent or sporadic, non-constructive absences and/or leaving early and repeated avoidable conflicts, will be assessed by the Director of Programs to discuss issues regarding compliance with this policy and request that the resident comply. If this measure does not resolve the concern, then the resident will be discharged with an appropriate referral to another facility.

## **SERVICE DOG POLICY**

This policy applies to service dogs being permitted in our sober living home. We believe having a service animal can be extremely beneficial for our residents. Service animals make our lives better by teaching us discipline, patience, acceptance, selflessness and showing us unconditional love. This makes recovery easier. Their relaxing qualities can help a recovering addict to focus on something other than their addiction and they can provide comfort and solace just by being available.

The criteria:

- Only certified service dogs will be considered
- Only one service dog is allowed and that service dog will be the only dog allowed in the house.
- Provide documentation showing that the animal is up to date on its vaccinations; such as a Rabies vaccination which is required by NH state law
- Spayed/Neutered
- Over 6 months old
- Non-Aggressive (No history of aggression or violence)
- Service dogs must be housebroken
- Cannot be destructive
- Must be crated in resident's room while resident is away
- Must maintain the care of the animal as well as themselves
- Cannot be a burden to the roommate sharing the room with the owner of the dog
- Will not be allowed to use the parking lots as a place for the service dog to Urinate/defecate
- When a service animal is outside of the resident's room: - It must always be under the control of its handler, and - It must have a harness, leash, or other tether, unless either the handler is unable because of a disability to use such a device or use of it would interfere with the service animal's safe, effective performance of work or tasks, in which case the service animal must be otherwise under the handler's control (e.g., voice control, signals, or other effective means).

- When a service animal is in a foodservice area, it must remain on the floor in a location that is out of all paths of travel at all times. It cannot sit in the owner's lap, on seats, or on any eating surface, and it must not be fed from the table.
- The service dog assisting the resident is permitted to accompany the resident in the common areas of the Endeavor House. At no time is the service dog to be left alone in the common areas or outside on the premises. Service dogs are not permitted on the furniture in the common areas
- A service fee of \$250 will be charged to the responsible resident in cases of accidents, soiling or destruction of property.

Some of our residents may be allergic to pets. Since resident safety is our top priority, we screen applicants for allergies and make sure those who are allergic are placed in a pet-free environment.

There is an assigned resident room specifically for having a service dog.

## **RESIDENT RULES**

The Endeavor House rules and Program description help residents understand the expectations and benefits of the program. Residents will receive a copy of these guidelines upon admission. The Director of Programs will review the rules and program description with the resident and the resident will sign a copy of the rules indicating the review.

### ***RULES AND REGULATIONS:***

- ❖ You are required to attend 3 recovery oriented groups per week, have a program book, and have your meeting slip signed by a member of the group, and not another resident, and attend on premises “House Meetings” which are held once per month.
- ❖ House meeting attendance is mandatory, which means that you must arrange for employment that does not interfere with these meetings. There is no exception to this rule.
- ❖ For the first 14 days you are to remain on the premises unless given permission to leave. During this time you are expected to be working on your steps and attending peer support.
- ❖ You must let the Director of Programs/House manager know when you are leaving the premises. All overnights must be approved by the Director of Programs/House Manager in advance, and any inconsistencies in leave time are grounds for discharge.
- ❖ Rent must be paid every Friday directly to the Director of Programs/House manager and kept up to date without exception.
- ❖ You must see the Director of Programs/House Manager at least one (1) time per week to discuss your recovery program—it does not count as a visit to discuss your program while paying rent , unless the Director of Programs/House Manager chooses to do so.
- ❖ You must obtain a home group and a sponsor, or you must be in a weekly program with a recovery coach. You must provide a contact name and phone number within the first week of residency and this will be verified.
- ❖ You must be working on a recovery path program with a MWVSRC coach/Director of Programs. Present these in a house meeting by the 3rd week of residency. And provide a copy to the Director of Programs/House manager.

- ❖ You are required to be employed either part time or full time. You are not permitted to quit a job without first discussing it with the Director of Programs/House Manager. Employment status will be verified periodically.
- ❖ There are certain types of employment that are not allowed, such as cab driving, working in bars, clubs, or places that sell alcohol. And you must speak with the Director of Programs/House Manager prior to accepting employment with any place.
- ❖ Your room must be kept neat, with your bed made at all times, rugs vacuumed, toilet cleaned, kitchen area clean, which means absolutely no glasses, dishes, or silverware, etc , left in the sink at any time, and any trash disposed of in a timely manner.
- ❖ You will be assigned daily and weekend chores which will be a mandatory part of your stay at the Endeavor House.
- ❖ All vehicles will have current tags and insurance, and this will be verifiable. Also, there will be no storage of vehicles, and no working on vehicles on the premises.
- ❖ Bikes and other modes of transportation must be stored in the appropriate locations, and security for these are at your own risk.
- ❖ You must make the Director of Programs/House Manager aware of any situation involving a resident outside of the Endeavor House premises that required police involvement.
- ❖ There are absolutely no visitors allowed on premises without prior approval from the Director of Programs/House Manager.
- ❖ There will be no congregating outside the front of the home, no loud music or discussions, no lewd or offensive language, or inappropriate dress allowed. You are also required to attend to your daily hygiene needs.
- ❖ No one is allowed in another resident's room. NO exceptions.
- ❖ There is no sharing of clothes, personal property, loaning money, borrowing vehicles, or other modes of transport, by either staff or residents.
- ❖ You may be requested to submit a swab test at any time, which may include either with cause or without. Also, another resident may request someone to be tested if a person's behavior warrants it.

- ❖ Any resident who is aware of a rules infraction and does not notify the Director of Programs/House Manager immediately will be subject to discharge, which includes finding out later that you knew about it.
- ❖ All rooms are subject to inspection at any given time, and any room that does not pass inspection may cause all residents in that room to be discharged.
- ❖ Smoking is not allowed in rooms or in the house. Smoking is only allowed in designated areas.
- ❖ Any cooking done by residents requires immediate clean up.
- ❖ Any delegation, directive, or request that is made by staff will then become a rule.
- ❖ Any medical conditions and/or injuries must be brought to the attention of the Director of Programs/House Manager.
- ❖ If there is an emergency, call 911, and then notify the Director of Programs/House manager right away.
- ❖ Any and all medications, including pain pills, psych meds, aspirin, Advil, cold, flu, sinus, etc, must be locked up at all times. You must let the Director of Programs/House Manager know what medicines you are taking. Rx and over the counter medications that have an unreadable label will be disposed of. Also, failure to divulge any and all medications to the Director of Programs/House manager will cause you to be discharged.
- ❖ House shut downs will occur if chores are not done, the grounds and buildings are not cared for, rooms are not kept clean, or general attitudes are not in line with house etiquette. This will be done at the discretion of the Director of Programs/House manager.
- ❖ The Endeavor house has a Service Dog policy. Any other animal may not be permitted inside housing or even temporarily on the property. This is including but not limited to any mammal, reptile, bird, fish, rodents, or insects.
- ❖ Texting after hours: Unless there is an emergency situation, employees are not to text/call their supervisor before 9 am or after 5 pm. All business, related to the Center, will be conducted between the hours of 9 am to 5 pm. By doing so, we are recognizing the importance of self care for each individual involved. This policy applies to all weekdays plus Saturday and Sunday.

- ❖ All rules and regulations are subject to additions and changes at MWVSRRC's discretion.
- ❖ The Resident shall not have any candles burning in the Rented Premises, or permit such act which will in any way create a risk of fire or increase the rate of fire insurance on the building or contents.
- ❖ All residents are required to perform at least 20 hours of volunteer time within the agency (fundraising events or special projects) or with a non-profit in the community during their first year.

**IMMEDIATE DISCHARGE DUE TO THE FOLLOWING VIOLATIONS:**

- 1) Being under the influence of alcohol and/or drugs
- 2) Possession of alcohol and/or drugs
- 3) Threats either verbal or physical, or acts of violence, fighting
- 4) Property destruction or altering the physical construction of the premises, including the interior structure
- 5) Failure to submit a drug screen
- 6) Lying; either found on intake documentation or otherwise
- 7) Stealing, unusual behavior, and/or any criminal activity
- 8) Possession of weapons
- 9) Failure to comply with the Rules and/or staff direction

## **RESIDENTS ON PROBATION OR PAROLE**

The Endeavor House will be in communication with the residents' Probation and Parole Officers throughout the residents' stay. The officers will receive, as needed, updates on their client in a timely manner.

The following procedures will take place:

- 1) Residents who are on probation or parole **are required** to sign an Endeavor House Authorization to Release Information form to allow the officer to obtain information on the status of the resident.
- 2) A resident's probation or parole officer will be notified immediately or by the start of the next day of any positive drug screen results, serious rule violations and associated sanctions, arrests, or law violations known by the Director of Programs.
- 3) A resident's probation or parole officer will be notified by phone prior to discharge from Endeavor House.
- 4) A resident's probation or parole officer will be notified by phone if the resident does not self-administer any medication as prescribed.

## **RESIDENTS WITH A FELONY/CRIME AGAINST NATURE CHARGE**

The Endeavor house does allow up to 2 residents to stay who have been through drug court and assigned to a sober living program. These residents must abide by these rules:

Requirements ~

Attending school and/or is employed or actively searching for employment.

Attending IOP, court and drug testing as required.

Attending self-help meetings and is actively working on a recovery program.

This program will help monitor this resident's participation, attendance to required responsibilities, and any policy violations made will result in disciplinary action, up to or including termination from the Endeavor house.

## **DISCIPLINARY ACTION**

Residents of The Endeavor House who fail to adhere to the rules agreed upon admission to the program will be subject to progressive disciplinary procedures. The Endeavor House operated on a basis of trust with each individual resident. Each resident enters with a 100% trustworthy status. If it comes to the attention of the Director of Programs that a resident is violating a policy, disciplinary action will be taken and trust may be lost.

The infractions that result in immediate discharge from Endeavor House are:

- 1) Using Any type of mind altering substance
- 2) Drugs, alcohol, or any related paraphernalia found in possession
- 3) Positive results from random drug screening
- 4) Any form of threats or physical assault toward self or others
- 5) Suicide attempts or verbal intent to harm

Other infractions against Endeavor House policies such as violating curfew, not doing chores, etc, will work on a progressive redirective model. Generally, residents will initially be given a verbal warning, followed by a written warning. A behavioral contract is the final opportunity for a resident to change the behavior of concern.

In the event of a discharge, consequences are immediate. The resident must make their own arrangements to find accommodations elsewhere. Thirty days (30) will be allowed to make arrangements for personal belongings to be retrieved. MWVSRC reserves the right, in special instances, to call a community meeting to discuss possible reinstatement of the discharged resident.

## **DRESS CODE**

Residents of the Endeavor House need to adhere to a dress code and also be groomed in a manner that is appropriate. The image created by the MWVSRC is important to the supportive living environment. Extremes in clothing and grooming are considered inappropriate for both the owner and the residents. Personal grooming is an important aspect of a resident's recovery.

The Endeavor House staff and residents shall adhere to the following:

- 1) Maintain high levels of personal standards of cleanliness regarding hair, nails, oral, and body hygiene.
- 2) Clothing shall be neat, clean, and conservative. No tight fitting clothing and no seductive clothing, such as low cut or sheer styles, short dresses, or short shorts.
- 3) Exceptions may be made by the Director of Programs when special events are to occur.
- 4) Residents must always be fully dressed in all common areas.

## EMERGENCIES AND WHAT TO DO

Residents are informed upon admission the procedure to follow during an emergency which is also stated in the residents rules. This is set in place to ensure the safety of anyone that is present in the Endeavor House during an emergency situation.

Fire drills will be conducted once a month. It's important to review the protocol for residents if the fire alarms sound in the house. The drill reviews evacuation routes for each room in the houses and the fire safety rules.

*In case of an emergency, call 911 for:*

- 1) Fire
- 2) Violence or a threat of violence
- 3) Suspicious persons hanging around premises
- 4) Burglary
- 5) A life threatening medical situation
- 6) Chest pain
- 7) Shortness of breath
- 8) Suicide attempt
- 9) Unconscious individual
- 10) Injury in which there is a broken bone/bleeding that cannot be stopped.
- 11) Serious fall
- 12) Unable to wake someone
- 13) Ingestion of toxic chemicals or substances
- 14) Individual out of control
- 15) Individual hallucinating
- 16) Individual having an extreme allergic reaction
- 17) Extreme paranoid behavior

AFTER you call 911, Call the Director of Programs and inform them of the situation. Then move to a safe place to wait on the arrival of emergency assistance.

DO NOT try and move an injured person or give CPR or First Aid unless you are qualified.

Call the Director of programs in case of:

- A) Drugs, alcohol, and/or weapons on the premises
- B) Suspicion or knowledge of someone using/having used drugs or alcohol
- C) Plumbing problems or maintenance issues in the house
- D) Power out for more than a half an hour
- E) Individual who may be in withdrawal and having difficulties
- F) Curfew violations

## **ENDEAVOR HOUSE Fire Drill Policy and Procedure**

The Endeavor House will conduct scheduled monthly fire drills. The following procedure is set in place for the safety of all persons. Evacuation is mandatory for all occupants during all fire alarm activations. When the alarm sounds, LISTEN for the important information being told to you. This will come from the Designated Drill Monitor. The monitor is also in charge of planning scheduled practice drills and notifying the team of any changes to the procedure. They are also responsible for the building and making sure everyone makes it out calmly and safely, and that all lights are off and doors are shut.

**Pre-Fire Drill procedure:** Contact the fire alarm monitoring company and advise them of the upcoming fire drill. All people involved will be informed before the fire drill occurs.

### **During a Fire Drill**

- When the fire alarm sounds, act immediately to ensure your safety.
- The meeting spot is at The SHED
- Never ignore or assume the alarm is false or the result of a test.
- Everyone must evacuate the building by way of the safest and closest exit and/or stairway.
- There are two exits. The front door with the ramp or the front door by the road.
- Once outside the building, move away from the building. Assemble across the back parking lot by the shed
- The Drill Monitor will have a clipboard with everyone's name on it. Check in with them so your name can be checked off the list.
- If there is an incident occurring on the upper floors and glass is being blown out of the windows, the area below is the hazard zone where serious personal injuries will happen. Do not remain in or near the hazard zone.
- Once outside, never re-enter the building until you are told to do so by the drill monitor or fire department
- The available fire extinguisher is placed at the top of the stairs on the right hand side.

### **After the Fire Drill**

1. Record the total evacuation time in the evacuation checklist report.
2. Silence the alarms, reset the manual pull station and reset the fire alarm system.
3. Ensure the fire alarm system is back to normal operating condition.
4. Inform individuals that they can re-enter the building.
5. Contact the fire alarm monitoring company and RES dispatch to advise that the fire drill is complete.
6. Re-evaluate any concerns that arose during the fire drill and discuss as a group (ex. safety meeting).
7. Keep a record of the fire drill and any notes on the evacuation checklist report.

## **INTERVENTION FOR THE AGITATED OR DANGEROUS RESIDENT**

The Endeavor House will be trained to effectively manage residents who have become agitated or a danger to themselves or others. If residents are found to act in such a way of having threatening and/or violent behavior then the following procedure will be implemented:

- A) MWVSRC staff will call out “Help” in a loud voice and also ask for help from residents that are present.
- B) MWVSRC staff will instruct a resident to call 911 and inform them that there is a resident who is a danger to themselves or others and is potentially violent. Then the MWVSRC staff will approach the resident and attempt a verbal intervention. If the resident calms down then wait with the resident until the police arrive and apprise them of the situation. If the resident does not calm down, do your best to ensure the safety of those present and vacate the premises with all other residents and wait in a safe location for the police to arrive.
- C) Place hands on the resident only if necessary and under the observation of other Endeavor House residents.
- D) Once resident safety is insured, MWVSRC staff will have a follow up meeting immediately with all residents who were involved in the incident.
- E) Document the incident and place in the residents file.

**INCIDENT REPORT**

Reported by: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Incident: \_\_\_\_\_ Time of Incident: \_\_\_\_\_

Location of incident: \_\_\_\_\_

Name of person(s) demonstrating prohibited  
behavior \_\_\_\_\_

Name of victim(s) if applicable \_\_\_\_\_

Witnesses: \_\_\_\_\_

Incident description including any events leading up to or immediately following the  
incident:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Resulting action executed, planned, or recommended:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\*\*\*\*

Police report filed: \_\_\_\_\_ Precinct: \_\_\_\_\_

Reporting officer: \_\_\_\_\_ Phone: \_\_\_\_\_

Police action taken: \_\_\_\_\_

Reporting staff signature \_\_\_\_\_ Date: \_\_\_\_\_

Director of Programs signature: \_\_\_\_\_

## **INTERVENTION FOR THE INTOXICATED /IMPAIRED RESIDENT**

Residents may relapse while at the Endeavor House by becoming intoxicated or impaired by a substance. MWVSRRC will effectively manage residents who become intoxicated or impaired by a substance.

The following procedure should be implemented for residents who are assessed as being under the influence:

- A) The Director of Programs or staff who observes the behavior, or is informed of the possibility of the resident being intoxicated, should evaluate the situation by assessing the following:
  - Is the resident's behavior uncharacteristic of how they normally appear?
  - Does the resident have slurred speech or unsteady gait?
  - Does the resident have an odor of alcohol, pot, glue, or some other substance?
- B) If the resident is assessed to be intoxicated or impaired by a substance, the Director of Programs will ask the resident if he/she has been drinking/using a substance. If the resident acknowledges use, then they will not be allowed to participate in the recovery residence and will be referred to an appropriate level of care. The Director of Programs, or someone of the resident's family or friends, will then transport the resident to the facility.
- C) If the resident who is assessed to be intoxicated or impaired by a substance denies using alcohol or drugs then the Director of Programs should ask the resident's peers for supporting evidence that the resident was using, perform a urine screening for evidence purposes. Also, a room search may be warranted to issue that no illegal or dangerous substances have been brought into the house. If the urine screen test shows a positive reading or the search reveals alcohol or mood altering/illegal substances, then the procedure under "B" should be followed.

The Director of Programs will document the incident, place it in the resident's file and discharge the resident.

## MEDICAL CARE

Residents often will enter the Endeavor House with medical problems that require follow up or medical problems may develop that require medical attention. Residents at the Endeavor House must have access to adequate medical care.

*The following guidelines are set in place:*

- 1) Residents must have a physical and TB test done prior to their admission to the Endeavor House and they are to bring those records with them when they come. If this cannot be provided by the referral source or if the resident is unable to afford such medical care, then the resident will be referred to the County Health Department.
- 2) Direct medical care to the resident is provided either by the resident's personal physician or referrals to the local County Health Department, clinic, or closest hospital.
- 3) If a resident becomes physically ill while in the recovery residence, then the following procedure is to be followed:
  - Call 911 if the situation is an emergency and/or life threatening
  - Call the Director of Programs and inform of the situation
  - The Director of Programs will then make the appropriate medical referral
  - Do Not try and move an injured/ill person or give CPR or First Aid unless you are qualified to provide this assistance.

## MEDICATIONS

Residents may take certain medications under the supervision of a qualified physician. A percentage of the residents who come to the Endeavor House are on some type of medication either for a physical or psychiatric concern.

*The following guidelines are set in place:*

- 1) Residents may not take any mood altering medications (e.g. opiate-based pain medications, benzodiazepines, barbiturates, sedatives, hypnotics, sleeping pills, diet pills)
- 2) In rare instances, a patient may have a medical procedure or pain that requires brief use of medications that are not on the client's 'Safe drug list'. Clients, at that time must submit to the Director of Programs, a document from a physician stating the necessity of the medication. The Director of Programs must approve the use of this medication in the Endeavor House. Medications will be stored in a locked box.
- 3) Residents must inform the Director of Programs of any prescriptions/medications they have when they are admitted to the Endeavor House and any prescriptions/medications they receive while a resident at the Endeavor House. Failure to do so will result in disciplinary action and possible discharge.
- 4) Residents may only take over the counter medications that are approved by the Director of Programs and that are on the 'Safe drug list'.
- 5) Residents who are on any medication must be able to self administer their own medication without the aid of a health-care professional. If a resident is unable to do so, then they will be referred to a facility that can aid them.
- 6) Amphetamines and Benzodiazepines are not allowed at the Endeavor House.
- 7) Residents on MAT (medication assistance medications)- including buprenorphine derivatives, will have their supply of prescription opiate antagonists placed in a locked box. Access to the lock box is once a day, 5 days a week, and supervised to withdraw and sign out daily doses needed. Weekend or pass doses are allowed. The goal of MAT therapy is to sustain a patient through recovery and Taper when appropriate. The supports given at MWVSRRC provide women an opportunity to use

this time to become substance free. We support any and all efforts to taper MAT therapy.

- 8) Gabapentin is considered a drug of abuse and will be required to be stored in the lock box following the same guidelines as MAT medication.
- 9) Residents who are on medication are responsible for the proper dosage of their medication. Medication must be stored properly and not accessible on countertops or dressers. The preferred storage for any medication is a lock box, which the Director of Programs has a key to.
- 10) Any deviation from the proper medication dosage will be investigated by the Director of Programs. Deliberate alteration of the dosage in an attempt to alter mood will result in disciplinary action and possible discharge.
- 11) Residents must not discontinue taking any prescribed medications without the written authorization of a medical doctor.

## **RANDOM DRUG SCREENS**

Residents with the diagnosis of alcohol and/or other substance dependence/abuse will be required to randomly submit a urine sample for a drug screen. This has an effective means of monitoring resident alcohol/drug intake status.

The following procedure is to be followed:

- 1) The collection of urine for a drug screen test may be monitored by the Director of Programs, either randomly or with probable suspicion of the resident's use of drugs/alcohol during their stay at the Endeavor House. The test will be administered and read by and documented by the Director of Programs.
- 2) Urine may be collected either by using rapid on site drug detection methods (commonly referred to as a "dipstick") or collected and sent to a lab for testing. If the sample is to be sent to a lab, it will be packaged and mailed accordingly to the mailing instructions provided by the laboratory.
- 3) Results are documented in the resident's file.

## DRUG SCREENING LOG

Resident Name: \_\_\_\_\_

DATE	COC	MAMP	THC	OPI	PCP	BZO	BUP

## **SEARCH FOR HAZARDOUS ITEMS**

The Endeavor House seeks to ensure the safety of all residents and to provide a safe environment conducive to recovery from addiction. The Endeavor House has the right and responsibility to search residents' belongings and also the residences for illegal substances and inappropriate hazardous items.

*The following procedure will take place upon admission and periodic searches:*

- 1) Upon admission, the Director of Programs will search the residents' personal belongings for illegal or inappropriate hazardous items. The resident will be informed of the policy regarding the keeping of illegal substances or inappropriate/hazardous items in the house.
- 2) Periodic searches (timing is determined by the Director of Programs) of the residences will be done by either the Director of Programs or a staff to determine if there are any illegal or inappropriate /hazardous items.
- 3) If the resident is found to be in possession of an illegal or inappropriate/hazardous item upon admission the item or substance will be confiscated by the Director of Programs. If, during the residence search, it is discovered that a resident is keeping an illegal substance (e.g. drugs such as cocaine, pot, or heroin) or an inappropriate/hazardous item (e.g. a legal but mood altering drug such as alcohol, prescription drugs, or a weapon) the item(s) will be confiscated and the resident will be subject to discipline and may be discharged.

## **SUICIDE ASSESSMENT AND PRECAUTIONS**

Suicidal expressions and gestures indicate serious emotional problems and life threatening actions and should be taken seriously.

The following precautions apply at the Endeavor House:

- 1) If a resident reports that they are experiencing suicidal ideations, the Director of Programs will contact the Access Center for a consult. The Director of Programs may then advise the Access Center that the suicidal resident may be transported to the center.
- 2) Ensure that the resident is safe by: remaining with the resident 1:1 until the resident is transported and safely at the Access Center and, if applicable, removing all potential items that may be available to the resident.
- 3) The Director of Programs will then transport the resident to the Access Center or call 911 and ask for aid in transporting a suicidal resident.

## **SMOKING**

Smoking inside the Endeavor House residence is strictly prohibited. It is against fire codes and endangers personal safety. Residents may only smoke outside at the designated area which is located next to the garbage shed behind the Endeavor house.

*Guidelines of this policy include:*

- A. Residents must purchase and keep their own tobacco products. Borrowing tobacco products is discouraged.
- B. Use of tobacco products is restricted to the outside designated area of the houses.
- C. Tobacco product refuse shall be discarded in the appropriate receptacle/container.
- D. No e-cigarettes or vaping allowed inside the premises.

A resident who violates this policy will be informed that he/she is in violation and will be told to stop the behavior in question. Failure to comply will result in disciplinary action and possible discharge from the recovery residence.

Additionally, If the fire alarm is triggered due to a smoking infraction inside the Endeavor House and the Fire Station responds to the scene, the resident is responsible for the \$127.00 service fee.

**\*\*For the purpose of this policy, anyone using smokeless tobacco (Snuff, dip, chewing tobacco, etc), Vaping, and Jewels follow the same No-smoking guidelines.**

- **VAPING**: There is no vaping allowed in the Endeavor house residents' rooms. Vaping is only permitted outside by the designated smoking area. No Exceptions.

## **TYPES OF DISCHARGE/CRITERIA**

The resident's record must accurately reflect the type of discharge that occurred when a resident is to leave the Endeavor House. This is for accuracy, research, and assessment if the resident were to reapply for admission.

*The following procedure is in effect:*

Upon discharge, the Director of Programs will assign one of the following designations for the type of discharge that the resident experienced.

**Discharge of Completion:** The resident has completed the requirements of the Endeavor House recovery residence in good standing and has processed his/her leaving with the community of the Director of Programs and residents of the Endeavor House.

**Administrative:** 1. The resident has violated a rule(s) that would endanger the community (e.g. using drugs or fighting). 2. The resident leaves the premises and/or program without permission and does not notify the Director of Programs or peers (e.g. if the resident is out past curfew or leaves during the night) 3. The resident chooses to leave the Endeavor House recovery residence prior to the length of the stay that the Director of Programs has recommended.

**Medical Leave:** The resident is no longer appropriate to remain at the Endeavor House recovery residence because of a physical condition that cannot be adequately treated if the resident remains at the Endeavor House or their condition warrants an increased level of structure and they must be admitted to a hospital.

The Director of Programs documents the type of discharge in the documents file.

### **DISCHARGE CRITERIA:**

The indicators that a resident is ready for approved discharge are as follows:

- 1) The resident exhibits the capacity to apply a recovery program in their daily lives. They ask others for help as needed. And, the resident has and uses a sponsor on a regular basis.
- 2) The resident exhibits honesty and is appropriately open with his/her feelings both in individual and group settings.
- 3) The resident consistently demonstrates the motivation to remain in recovery.

- 4) The resident, with the input of MWVSRC has developed an appropriate aftercare plan, and asks for feedback from his/her peers about the plan.

#### PROCEDURE:

- 1) After completion of the program, the Director of Programs will enter a documented confirmation of discharge into the resident's file. This will include a summary of the resident's participation in the Endeavor House residence.
- 2) The resident's file will be removed from the active locked files and placed in a manilla folder in the closed/inactive locked files.
- 3) If a resident "drops out" or withdraws from the recovery residence for other reasons, this is documented in the resident's file. If the resident has signed the appropriate Release of Information forms, then any and all of the referring agencies should be informed (including probation officer, parole officer, and/or court services, etc).

#### READMISSION PROCEDURE:

Readmission to the Endeavor House is considered a case by case basis , depending on the reason for the discharge. In general, residents that are asked to leave due to a relapse or referral to a higher care may be considered for readmission to the recovery residence. They may also be required to re-interview with their fellow residents before returning.

## **RESIDENT FINANCES**

The residents of the Endeavor House are responsible for their personal finances. This skill of appropriately handling one's own finances is vital and an everyday part of residing at the Endeavor House.

### **Proper guidelines for residents:**

- 1) Residents may maintain bank accounts and have funds that they either bring with them or are supplied by a third party (e.g. family or friends).
- 2) Residents may access their funds at their discretion for personal use or to pay Endeavor House fees.
- 3) The Director of Programs will use the following form to keep track of residents' fees. Fees must be paid on a weekly or monthly basis determined by the Director of Programs. Fees are \$135.00 a week.
- 4) The Endeavor House prohibits residents from working a job on or in the premises (i.e. Yard work, Painting, Repairs) that merits exchange for rent owed.
- 5) Residents acting as and completing the duties of Lead Resident for the assigned 2 week period receive a \$25 credit on the current month's rent. Credits cannot be redeemed as cash and will be applied to rental fees only.

**RECOVERY RESIDENCE FINANCIAL AGREEMENT**

Resident Name: \_\_\_\_\_

Admission Date: \_\_\_\_\_

Residence address: \_\_\_\_\_

Recovery residence fees are:\$ \_\_\_\_\_

**Fees include housing and utilities**

I understand that I may pay fees on a weekly basis. **Fees are due every Friday before 7:00 pm.** I understand that the period is Friday to Thursday.

In acceptance of the financial agreement with the Endeavor House, I agree that to qualify for Recovery residence, I must adhere to the rules and regulations and make my scheduled payments when they are due. I further understand that failure to make payments when due may result in my discharge from the Endeavor House. Any unpaid account balance at the time of discharge is subject to the cost of collections and lawyers' fees if required.

\*\*\*\*\*

**PROMISE TO PAY ACCOUNT**

For and in consideration of the services to be rendered, I promise to pay Endeavor House all its charges rendered to me from admission to discharge. understand that the total of such charges are due and payable according to this Financial Agreement.

Resident signature: \_\_\_\_\_ Date: \_\_\_\_\_

Director of Programs: \_\_\_\_\_ Date: \_\_\_\_\_

## **REFUND POLICY**

The Endeavor House refund policy applies to all rent or program fees, security deposits, or third party payments (such as scholarships). This policy does not apply to wages earned in relation to employment with the Endeavor House.

- The Endeavor House requires a minimum commitment of 30 days of residency.
- If you leave our home for any reason prior to that 30 days, no money will be refunded.
- If, after any amount of time, you are asked to leave our home for violation of any policies, no money will be refunded.
- If you cause damage to our property, you will be responsible for the entire cost of damage repair or replacement.
- If, after 30 days, you leave our home with less than 1 week notice, no money will be refunded.
- MWVSRC will make the final decision regarding any exception to this refund policy.

## **RESIDENT TRANSPORTATION**

Residents in the Endeavor House must learn to take responsibility for their own transportation needs, which must also be deemed adequate and appropriate.

The following procedure is set in place:

- 1) Residents must provide their own transportation needs. If a resident owns their own vehicle, they may use it while living at the Endeavor House. If they do not own a vehicle, they may use the bus for their transportation. Residents are responsible for purchasing bus tokens or cards.
- 2) If a resident is in a medical or psychiatric emergency, then peers or the Director of Programs will call 911 immediately and wait for the ambulance to arrive to transport the ill resident.
- 3) With proof of adequate insurance, the Director of Programs may, under certain circumstances, transport residents in their own vehicle.
  - If the resident would be in greater danger riding the bus than receiving a ride from the Director of Programs. For Example, if the resident has been at a local hospital (or other such lengthy appointment) and it is late at night, then the Director of Programs may make the decision to transport the resident back to the Endeavor house.
  - If the resident is traveling somewhere that the bus does not go to or will not go to in a timely fashion.

## **NON-DISCRIMINATION**

The Endeavor House does not discriminate against persons admitted to the program. It is the belief of the Endeavor House that any and all persons should have the opportunity to live in a recovery residence and recover from addiction to drugs and alcohol.

The Endeavor House does not discriminate on the basis of race, religion, gender, national and ethnic origin, qualified disability (except for those who by any reason of their disability, would be unable to participate in the requirements of the program), sexual orientation, or HIV status.

This policy also applies to the Director of Programs, the house manager, and volunteers of the Endeavor House.

# CHART DATA COLLECTION FORM

Name: \_\_\_\_\_

- Signed "Confidentiality form"
- Signed "Residents' Rules form"
- Signed "Release of Information form"
- Signed "Financial Agreement"
- Medical assessments/Information
- Legal Information
- Weekly progress notes
- Discharge Notes

Comments:

---

---

---

---

---

---

Signature of Director of Programs: \_\_\_\_\_

Date: \_\_\_\_\_

## RESIDENT'S RECOVERY RESIDENCE EVALUATION

In order to better serve those in recovery, the Director of Programs would like to have your evaluation of the recovery residence and suggestions for improvement. We use this information to improve our services. Your answers will be treated confidentially.

Date of Discharge: \_\_\_\_\_

Please check how helpful each aspect of the Endeavor House recovery residence was to you in your recovery by checking one response for each component

Subject	Very Helpful	Helpful	Somewhat Helpful	Not Helpful
Living Environment				
Monthly House meeting				
House Manager/ Owner				
Caring				
Courtesy				
Responsiveness				

What was the most helpful part of your stay?

---

---

---

What was the least helpful part of your stay?

---

---

---

Do you have any suggestions to offer?

---

---

---

What would you change?

---

---

---

Please submit your forwarding address:

---

---

Thank you for taking the time to fill this out.

The Endeavor House

**DISCHARGE STUDY**

Resident Name: \_\_\_\_\_

Type of Discharge:

- D/C of Completion
- Administrative
- Medical leave

Date of discharge: \_\_\_\_\_

Length of stay: \_\_\_\_\_

Age: \_\_\_\_\_

Race:

- American Indian or Alaska Native
- Native Hawaiian or other Pacific Islander
- Asian
- White
- Black or African American
- Other: \_\_\_\_\_

Diagnosis (*If Known*):

\_\_\_\_\_  
\_\_\_\_\_

Reason for Administrative Discharge:

\_\_\_\_\_  
\_\_\_\_\_

Referral Source:

\_\_\_\_\_  
\_\_\_\_\_

Referral Funding source:

\_\_\_\_\_  
\_\_\_\_\_

Evaluation of Participation:

\_\_\_\_\_  
\_\_\_\_\_

# Acknowledgement of Resident Manual

---

I understand that I am responsible for reading this manual, familiarizing myself with its contents, and adhering to all of the policies and procedures of the Endeavor House, whether set forth in this manual or elsewhere.

I understand that the information in this manual represents guidelines only. The Endeavor House reserves the right to modify this manual, amend, or terminate any policies or procedures in this manual at any time.

I also understand that this manual is the property of MWVSRRC, and is to be returned to the Director of Programs should my residency be terminated.

I acknowledge that I have received a copy of the Endeavor House P&P.

I agree that it is my responsibility to read all pages of the manual and comply with its terms.

I agree that if there is any policy or provision in the manual that I do not understand, I will seek out clarification from the House Manager or Director of Programs.

Date: \_\_\_\_\_

Resident Signature: \_\_\_\_\_