

How do I get started?

Help is only a phone call away.

- Contact Women's Health to speak with the nurse coordinator. The phone call will consist of a few questions in order to set up an intake visit.
- At the intake visit, you will meet with a nurse to complete a health history and withdrawal assessment.
- Program guidelines will be reviewed and any questions or concerns may be addressed.
- A visit with the provider will follow.
- When all forms and any laboratory testing is complete, you will plan to attend the following program day.



Who We Are

Women's Health is healthcare for women, by women. Our all-female practice is here for you throughout the duration of your pregnancy and postpartum period.



Kris Dascoulias, RN
Marni Madnick, MD
Julie Bosak, CNM
Melissa Robirds, RN
Lauren Frye, DO (not pictured)
Kathleen Mulkern, CNM (not pictured)

Monday – Friday: 8:30am – 4:30pm



Memorial Hospital
Women's Health

A MaineHealth Member

3073 White Mountain Highway
North Conway, NH 03860
T: (603) 356-9355 F: (603) 356-8843

MemorialHospitalNH.org



Memorial Hospital
MaineHealth

“A New Life” Prenatal Program

Moving forward from addiction



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Due to the growing number of prenatal women presenting with Substance Use Disorder we have launched a program to focus on the specific needs of this population. A structured, comprehensive program promotes a coordinated, centralized care approach. By linking the Midwifery/Obstetric care and more involved treatment for Substance Use Disorder we will improve the coordination of care, the patient experience, ongoing maternal success and newborn health.

Pregnancy often becomes a time when women struggling with addiction have new motivation to address their problems. Additionally, this population feels significant shame and lack of community. Our program is approaching these gaps by building connections- increased ongoing support from the medical care team as well as enhanced peer support.

Weekly Program

- Education on various topics related to pregnancy, well-being and infant care
- Group substance misuse counseling session with psychologist
- Social Work support services (housing, transportation)
- Prenatal care visit with Certified Nurse Midwife
- Physician visit for pharmacologic management of opioid dependence
- Healthcare coordination and healthcare follow up by RN coordinator
- Complimentary Therapies to support mental health (reiki, craniosacral etc.)
- Referrals to community support services



We are already seeing good outcomes for mothers and babies in A New Life. Shown here is a healthy baby recently born to a mother who enrolled in our program when she was pregnant. Certified Nurse Midwife Julie Bosak is pictured with baby with "baby boxes" in background. These baby boxes are provided to new mothers in the program to help reduce SIDS.



Checklist

- Medical History form
- Personal statement
- Record Release for current subutex (suboxone) provider (if applicable)
- Record release for counselor (if applicable)
- Record Release for current prenatal provider (if not WMCH or Memorial)
- Record Release for PCP