

## ABOUT US

### VISION STATEMENT

Recovery is possible. Stigma can be erased through education. MWV Supports Recovery will “Echo” the sounds of recovery through the Mt. Washington Valley.

### MISSION STATEMENT & GUIDING PRINCIPLES

- Provide support to individuals and families experiencing substance use disorder.
- Educate the community on substance use disorder focusing on prevention, treatment, recovery, and relapse prevention.
- Collaborate with all community sectors on substance use disorder focusing on prevention, treatment recovery and relapse prevention.
- Support advocacy through education and training.
- Participate, advocate and lobby for recovery on a broader stage to regional, county, state and federal organizations.

## COMMUNITY RESOURCE CENTER

MWVSR Community Resource Center is a safe place where recovery development occurs and where individuals will be matched with people offering recovery support services. Our center is a place where you will be heard; a venue for healthy, drug and alcohol free socialization; and family supports for all stages of recovery.

- ❑ We respect all pathways to addiction recovery and will help individuals and their families with access to supports that work for them.
- ❑ A location for the recovery community to organize and support one another.
- ❑ A location for individuals and family members to receive recovery support services.
- ❑ A resource center for individuals and families attempting to navigate a pathway to recovery.
- ❑ A host location for all different types of recovery meetings, 12 step and others.

## THE ENDEAVOR HOUSE

MWV Supports Recovery combines transitional sober living with continued treatment services. Gender specific sober housing has significant benefits. First, and foremost, it removes the inhibitions that tend to accompany mixed group settings. A women’s only program allows clients to interact without imposing the tacit restrictions that different cultural, sexual, and political biases that accompany female/relationships can have-both personal and impersonal.

Residents are expected to be responsible for themselves. This is an important step in recovery because addiction causes people to act in irresponsible ways, and friends and families often enable them by supporting them. Residents have to pay their own rent, buy their own food, and do the same things they would do for themselves if they lived in a regular home. Our home consists of different elements that help women grow and heal.

## PLAN YOUR PATH TO RECOVERY



### SERVICES THROUGH OUR CENTER:

Carroll County Peer Recovery Support Services **Emergency Response Team:**  
MWV Supports Recovery & The Shed and The Shed North

### Harm Reduction Services

Free and Confidential  
Syringe access and Naloxone distribution

 **NARCAN**<sup>®</sup> (naloxone HCl)  
**NASAL SPRAY** Supplier

2 Kits per person

Available during operating hours

### Telephone Recovery Support

Monday - Friday 9 am - 5 pm

## WAYS TO SUPPORT US

As a non-profit organization, the center depends on donations to achieve our overall vision. We appreciate any and all donations. Please visit our website for a complete list.

## PEER TO PEER SUPPORT SERVICES

Certified Recovery Coaches/CRSW/CPRS

Monday through Friday

9:00 am - 5:00 pm

### Believe Recovery Group

A Women's Faith based recovery group

Mondays 1 pm to 2 pm

### MARA

Medically Assisted Recovery Anonymous

Tuesdays 6 pm - 7 pm

### AA

Alcoholics Anonymous

Wednesdays 12 pm - 1 pm

Thursdays 5 pm - 6 pm

### NA

Narcotics Anonymous

Wednesdays 6 pm - 7 pm

### F.A.S.T.E.R.

(Family support group)

Thursdays 6:30 pm - 7:45 pm

(Available online-check website for details)

### SMART Recovery

Self Management and Recovery Training

Mondays from 11:00 am - 12:30

Thursdays 6:00 pm - 7:00 pm

(Online Facebook group available, check website for details)

# Mount Washington Valley Supports Recovery Coalition



A Recovery Community Organization & The Endeavor House

[www.mwvsupportsrecovery.org](http://www.mwvsupportsrecovery.org)

## CONTACT US TODAY

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